



# Art Kits – expressive art

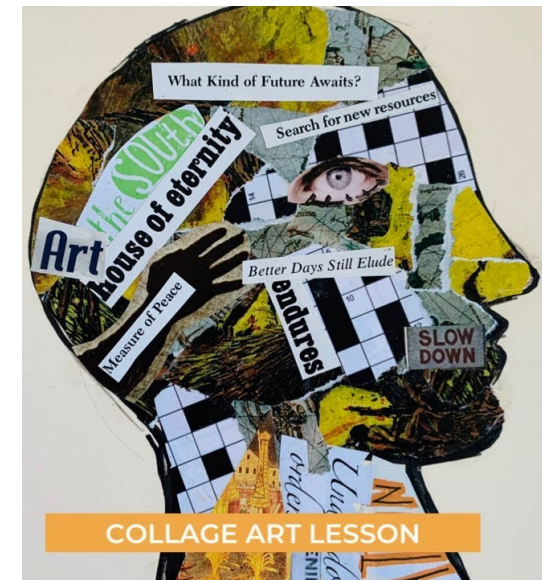
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# This is Me Collage

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**Purpose:** to use images, words, shapes, cutouts, textures, colored or patterned paper to create a feeling encompassing who they are. As you see yourself

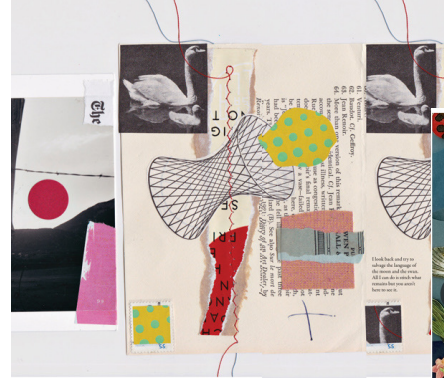
1. Use cut out of the head as a first layer base on the poster board. A side profile face card stock outline is provided for kids who want prompts and a different face perspective, similar to the bottom examples for tracing.
2. The goal is not to focus on hair, but to add the concepts to float on the head and above like a hat. Think Carmen Miranda. You can fill in concepts by drawing. Or choose to fill the space. It's up to you! There is no wrong or right.
3. See the general collage prompts for more ideas because you can use the face for any prompts if you choose to.



# General collages

Prompts - if needed:

- Freedom looks like
- Feelings board (things that make me feel)
- This is me
- What is home
- Draw a heart and fill it with your feelings
- My perfect day or place is
- Take a quote or word and create an expression of it with items
- What matters to me
- Past, present, and future me
- My safe space is
- What a feeling looks like
- Express an important event
- Words to live by collage
- Spontaneous images board
- My inner circle (draw a circle and put things in and out of circle)
- Build the collage around Blackout poetry pages or Found magazine words – see book and newspaper pages and description page on found and blackout poetry.

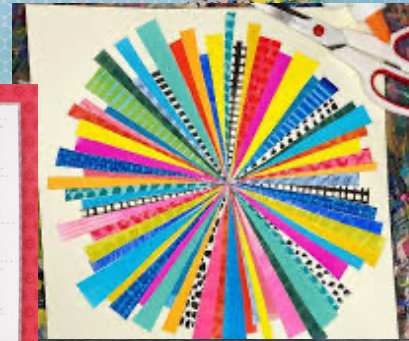


# Hints for using pattern paper in your collage

The pattern paper is cut in large sections so you can be creative

## Ideas (but do anything you want):

- Cut them into squares and place your images on them
- Use larger pieces as your background
- Use them as trim on edges
- Cut them to frame things
- Cut them into rays – see left
- Cut them into shapes to make something with them or to make art out of an image



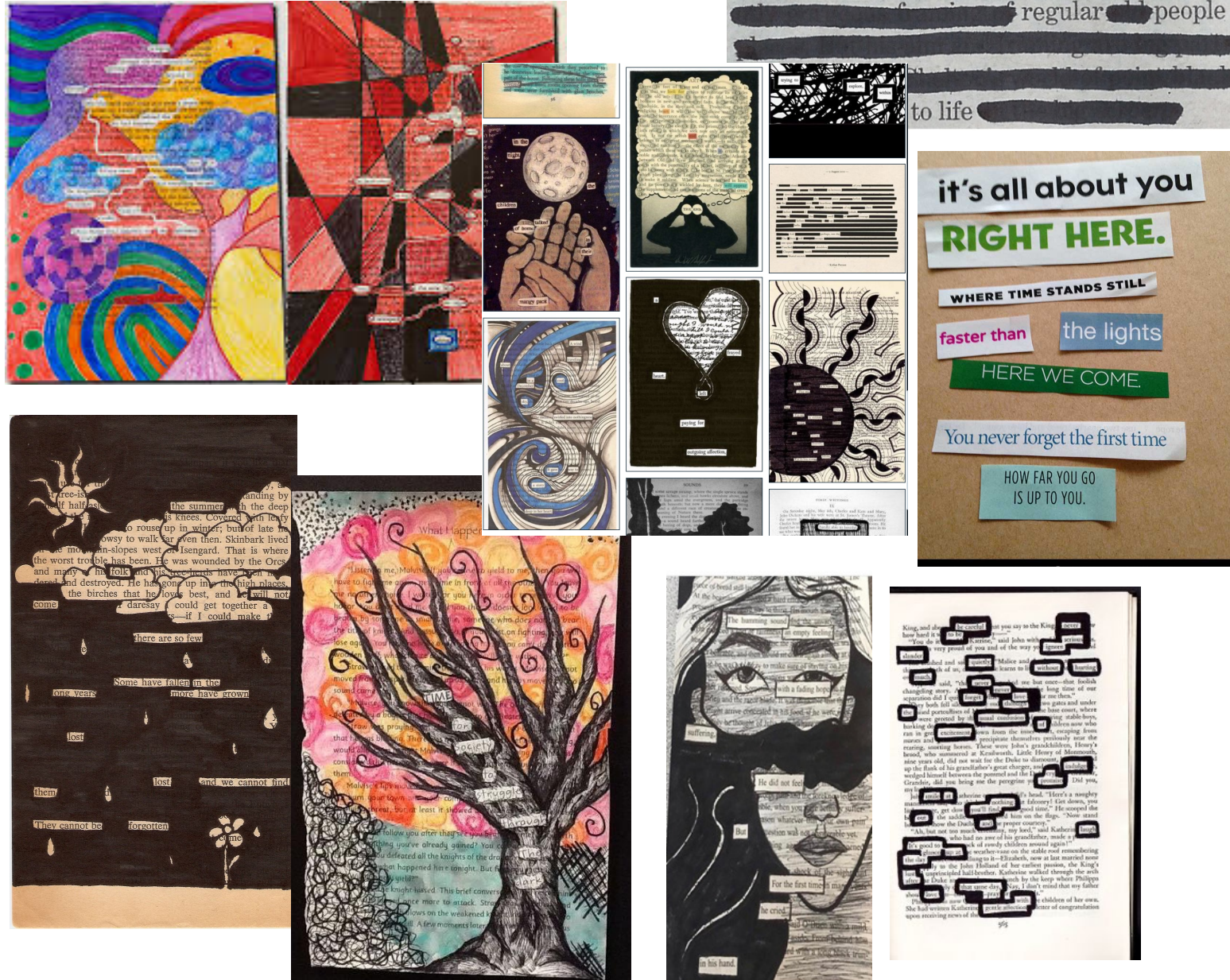
# Blackout Poetry & Found Poetry (optional)

## Blackout poetry

- Find a short story or article (a printed page from a newspaper, magazine, an old book, or something you have written).
- Read through the text and select an anchor word. Pick something that catches your attention. Use a pencil to circle each item.
- String together a few other words to form a thought or sentence. Be sure they read as traditional writing does. Left to right or top to bottom.
- Blackout the words outside of the words you circled, and you've got a poem. Or a series of "words" or thoughts for your collage.
- Blackout poetry is a form of Found Poetry – with blackout poetry, you are using text in a book, magazine, or newspaper & creating your own poem or statements & you are erasing or covering the other words and often turning it into art. It can be inserted into your collage, or it can be the focus of it with art around it.

## Found poetry

- A process of taking words or phrases and reframing them as poetry. You can use words you find anywhere (such as cut out of a magazine) or work in the original book or magazine to circle and draw lines without canceling or blocking the other items. You can make art around it, cut it out, or use it in your collage.





## Tips

- You may choose to do just the black out poetry or a collage or both and incorporate them together.
- You can save your project and come back and finish it later 😊 Just speak to your counselor.
- Enjoy this project – just breathe – you’ve got this

# Recycle please



- The concept behind the art boxes is for the the user to choose items they want to cut down on waste
- Anything in kits can be reused – if they don't use something or the kids cut part of something, it can be reused. For ex: I cut things out from partly used paper.
- Magazines and old books are key
- Tearing things from magazine, construction paper or newspaper gives the collage an artistic look if scissors are an issue
- Kit Bags, glue sticks etc. can all be used for future projects
- Ways to gather supplies: reach out to me: if you have my email or at my project at [\\*themindfullproject24@gmail.com](mailto:*themindfullproject24@gmail.com) to see when we are running recycling efforts again
- Other tips: we used Nextdoor, social media and we placed collection boxes with a “needs list” for items on the box.
- Please save your bags, including your kit bags to restock supplies.

\* + is to protect this email from web-bots. @ is the correct syntax.